



Swipes & Tags

The official Newsletter of the Sacramento Capitolaire, Sacramento, California
Chapter of the Far Western District of the Barbershop Harmony Society

70 years of Barbershop Singing in Sacramento

Volume 70- Issue 1

Chartered June 14, 1946

Spring 2016

Installation & Awards Dinner



Gary Halldorson

George Friend

Joe Samora

Robert DuPlantier

Good food, family and friends, officer installation, award presentations and singing; it doesn't get much better than that. On January 12, 2016; the Capitolaire gathered in the Old Spaghetti Factory in Rancho Cordova to recognize the new officers and award recipients.

Steve Allison, Immediate Past President, was the master of ceremonies and **Richard Lund**, District VP for the North East Division, was the installing officer. (For a list of 2016 officers, refer to the last newsletter on page 3, *Election of Officers*). After dinner and the installation of officers, **Steve Cudworth** presented the "Best Attendance Award" to **Gary Halldorson**, incoming President. **Dan Swink** presented the "Sponge Bob Award" to **George Friend** for his dedicated service in providing weekly refreshments. **Steve Allison** presented **Joe Samora** with the "President's Award" for the service he provides for the good of the chapter. **Robert DuPlantier** was announced as the Barbershopper of the Year for 2015 by last year's recipient, **Les Cudworth**. The evening concluded with singing by **Checkered Past** and the Capitolaire chorus. (The *Checkered Past* quartet includes **Steve Allison**, **Mike Selby**, **Chuck Kaul**, and **Eric Reininga**).

The Sacramento Capitolaire meet every Tuesday at 7:00 p.m. at Christ Community Church,
5025 Manzanita Avenue, Carmichael, CA. Check out our website www.capitolaire.org or phone (888) 877-9806

Barbershopper of the Year for 2015



“When you are getting ready for a performance, don’t be surprised if he walks up to you and yanks out your pocket square and folds it neatly in place”, **Les Cudworth** said as he listed **Robert DuPlantier’s** accomplishments.”

Robert has been a very active contributor to the society and to the Capitolaire since he first joined. “His commitment, compassion and congeniality makes him the perfect choice for the award.” Robert has served on the Board of Directors for several years, is Lead Section

Leader, upgraded the uniforms, formed and scheduled the CAPs, helped develop a chapter brochure, created a sponsorship program and chairs the Marketing Team. His official title is Marketing Vice President. Congratulations, Robert!

New Member Profiles

Patrick Machado-Derdowski



Patrick sings Lead. He has been married to Jean for 34 years and has numerous nieces and nephews. He and his wife live in Natomas. Patrick was the owner, manager and cosmetologist for two salons in East Sacramento for 30 years. He volunteers at Carefree Natomas as a hair dresser and is the co-chair in his garden and bike clubs. Patrick was the co-chair for the committee in charge of lighting and sound for St. Francis Church for 10 years.

Although he loves to sing, he does not have a lot of experience. Patrick likes belonging to the Sacramento Capitolaire because he “gets to sing with some awesome voices.” Singing helps him with his cognitive thinking because he has Multiple Sclerosis (MS).

Although he is not ready to hold office right now, Patrick is willing to help when needed. He bikes 20 miles weekly to control and manage his weight. Welcome to barbershop singing, Patrick!

Jim Mullen



Jim sings Lead. He was born and raised in Sacramento and attended St. Ignatius and Jesuit High Schools. Jim graduated from University of California, Davis with a BS Degree in Entomology. He moved from Davis to Woodland four years ago.

Jim works for Promia Inc., a security software company based In San Francisco. He is a charter member of the Davis Sunrise Rotary. Jim has been an active member for 16 years and was Rotarian of the Year. He is a Board member of the Yolo Sexual Assault & Domestic Violence Center.

Jim has played a 5-string banjo since he was 14 years old, has sung in two bluegrass bands and is currently active in the California Bluegrass Assn. He has no previous barbershop singing experience but he loves to sing and feels he is learning a lot about barbershop singing. He found the Capitolaires on “Meet Up”.

Interesting fact: My father was John Ireland Mullen II and his older brother is John I. Mullen III. His mother is Mary Ellen Flagherty “so I’m a 100% Irish ‘mutt’”. Great to have you sing with us, Jim!

Noteworthy Comments from our Director Ray Rhymer



Let’s every one of us be intentionally positive the rest of the year. It is said that it takes 10 positives to overcome 1 negative. Let’s look to see what’s “positive” instead of wallowing in what’s “negative”. As Yoda told Luke: “Do or do not, there is no try”. “Try” is negative because “try” gives us permission to give up. i.e. negative. We can all “Do” positive in our Barbershop life.

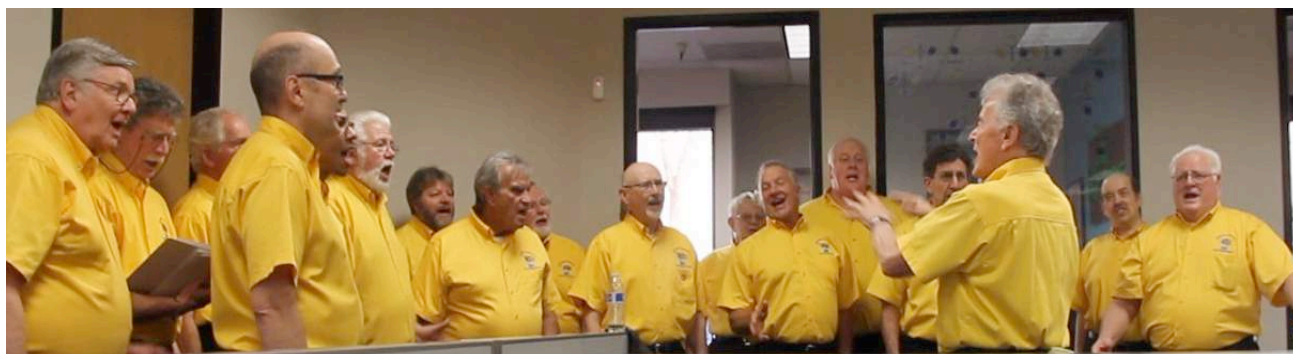
Here are some “positive” happenings. On March 8, 2016 the Sacramento Chapter Music Team (MT) agreed to a positive path for the rest of this year and beyond. It begins with the affirmation that we want to ENJOY ourselves every time we get together. The MT is joined by Program Chairman **Al Harrington** who is committed to creating chapter meetings that are enjoyable for us. Al intends to restore an atmosphere of participation in activities that are uplifting, educational and entertaining. Variety in meeting activities is conducive to enjoyment, so a number of different activities will be brought to our meetings throughout the year. Let’s look forward with positive expectations of good things happening.

A summary for the balance of 2016: we will continue learning songs from the BarberPole Cat II book, Quartet singing, prepare for our Fall show, participate in performances for different groups and organizations, learn some basics about singing and performing better, and all will be intertwined with a series of interesting program events.

I attended the Sacramento Board of Directors meeting today (March 12), and I can attest that the chapter officers were affable with a stimulating outlook for the balance of 2016. I am grateful that this team leads the Sacramento chapter.

A quote Barbershoppers can apply:

“If you want to be successful, it’s just this simple. Know what you are doing. Love what you are doing. And believe in what you are doing”. *Will Rogers*
That ought to be real easy for Barbershoppers to “Do”, eh?



Anniversary Year

The Capitolaire's Anniversary Year begins on June 14, 2016. Incidentally, our chapter and several others chartered before the Far Western District (FWD) was established on October 22, 1946. The Sacramento Chapter was sponsored by the Reno Chapter. Barbershop singing began as a quartet activity and chorus singing was added after a number of years.

Joe Samora was appointed by incoming District President **Gordon (Mongo) Bergthold** as the District Historian, effective January 1, 2016. He will be writing occasional historical articles for *Westunes* (district newsletter) and interviewing past Hall of Famers in anticipation of the FWD's 75th Anniversary on October 22, 2021. *(There are 76 chapters in the FWD and 17 districts in the Barbershop Harmony Society)*. “I’m honored to serve the district and will be joining **Ray Rhymer**, *Westunes* Editor and **Les Cudworth**, Sunshine Chair, as Far Western District Chairmen.

Joe Trousdale is our chapter's founder. *(The next issue of this newsletter will include our founder's autobiography)*.

Chorus America

March 10 at 12:12 pm



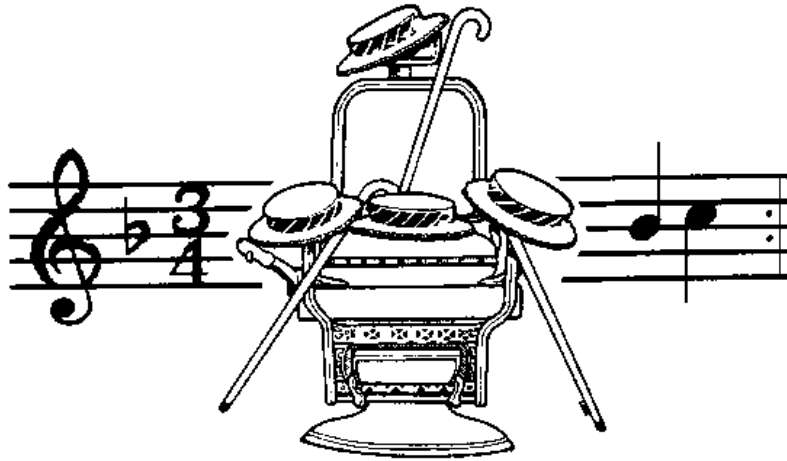
New research points not only to the benefits of choral singing, but how being part of a such a group can be uniquely satisfying. Says the article:

“The well-being benefits afforded by choral singing could be distinct in comparison with other leisure activities. The synchronistic physical activity of choristers appears to create an unusually strong bond, giving members the emotionally satisfying experience of temporarily ‘disappearing’ into a meaningful coherent body. More evidence of the psychological benefits of choral singing—new research finds it fulfills deep-seated needs of bonding with a group.”

Calendar of Events

January 12	Capitolaires Awards & Installation Dinner <i>Rancho Cordova Old Spaghetti Factory</i>
February 12-14	Singing Valentines <i>Greater Sacramento Area</i>
March 18-20	Far Western District Spring Convention <i>Las Vegas, NV</i>
March 29	Fifth Tuesday Guest Night <i>Christ Community Church, Carmichael</i>
April 2	NE and NW Division Contests <i>Castro Valley, CA</i>
June 14	Capitolaires' 70 th Anniversary <i>Christ Community Church, Carmichael</i>
July 3-10	BHS International Convention <i>Nashville, TN</i>
July 24-31	Harmony University <i>Nashville, TN</i>

For details on specific events check the Weekly Update and Call Sheets.



Editorial Comments

The mission of the Swipes & Tags is to provide members with timely and relevant information. It is a record of past activities and events. Newsletters will be published quarterly and include color photographs. Copies are available on the chapter website and hard copies will be available for our guests.

Swipes & Tags deadline for the Summer issue is June 15. Send submissions to **Joe Samora** at tm39samora@comcast.net , a proud member of PROBE (Public Relations Officers and Bulletin Editors) since 2008.

News articles and photographs are appreciated. Thank you **Robert DuPlantier, Patrick Macado-Derdowski, Jim Mull, and Ray Rhymer.**

**IT'S NOT TOO HEAVY
WHEN ALL DO THEIR SHARE**



www.capitolaires.org

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